



FORWARD!
INTO THE BREACH

A WORKSHOP ON
“INTO THE BREACH”

AN APOSTOLIC EXHORTATION FOR MEN
WRITTEN BY +THOMAS J. OLMSTED, BISHOP OF PHOENIX

MAY 11, 2019
WINNIPEG, MANITOBA

ANTHONY J. CASTELLANO
tony@forwardintothebreach.com

A call to battle

ARE YOU READY TO GO INTO THE BREACH?

REGISTER

NEW – STUDY GUIDE

"YOU WERE NOT MADE FOR COMFORT; YOU WERE MADE FOR GREATNESS"
– POPE BENEDICT



www.IntoTheBreach.org

Forward! Into the Breach

A Compendium Workbook to Bishop Olmsted's Apostolic Exhortation

A Vital Tool for Catholic Men



"I am grateful to Anthony for providing a high-quality guide ... I encourage those of you in leadership roles to use the Forward! Into the Breach compendium workbook for men's groups and to pray for a renewal of virtuous masculinity and lively commitment to Christ in Catholic men. When we live this commitment, we realize that no greater adventure exists."

- Bishop Thomas J. Olmsted, May 2016

Men, Do You Want to:

- >> Be part of something big? A great cause?
- >> Take on a challenge, work towards an achievement, in a fraternity and fellowship?
- >> Go on journey that has meaning and purpose?
- >> Protect your family, wife, sons, daughters, and grandchildren?

Then go Forward in faith, and Into the Breach!

Forward! - Into the Breach, written by Anthony J. Castellano, is the Compendium Workbook to "Into the Breach: An Apostolic Exhortation to Catholic Men, my Spiritual Sons in the Diocese of Phoenix" an important testimony of faith written by Bishop Thomas Olmsted.

The Workbook is suitable for both personal and group use, *Forward! - Into the Breach* contains the complete Apostolic Exhortation 'Into the Breach' by Bishop Olmsted, and presents corresponding questions, testimony, and expressions of belief of the Roman Catholic faith that are ideal for discussion, meditation, and prayer.

Read the **Prologue**.

Read Bishop Olmsted's **Foreword**.

Examine the **Table of Contents**.

Better yet, download the Workbook! It's FREE!

Since releasing his Apostolic Exhortation in September 2015, it

New Presentation!

[A Basic Explanation of "Into the Breach"](#) by Tony Castellano, May 2017

Contact Form

Any and All Questions & Comments are Welcome!

Name:

Email:

Your Email Address

Subject:

Message:

Send

Download "Forward! Into the Breach" for FREE!

updated January 2017

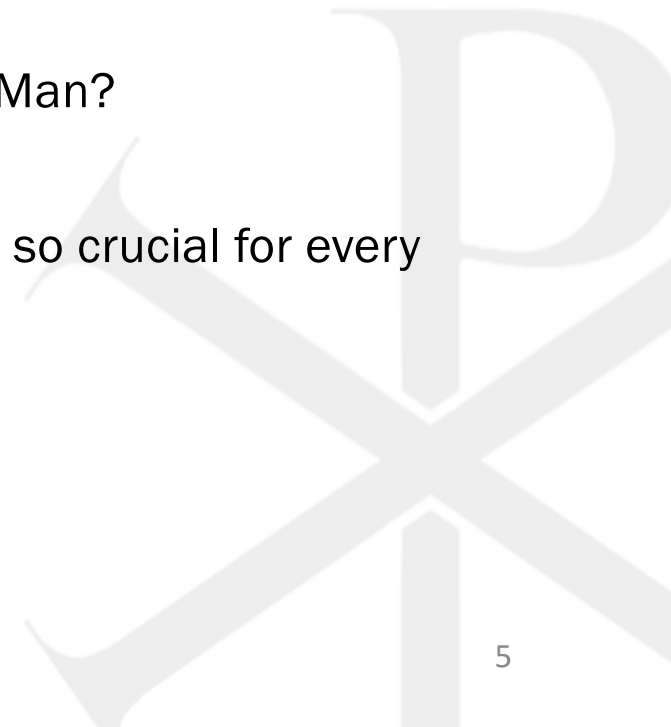
“INTO THE BREACH” - EMBRACED BY THE KNIGHTS OF COLUMBUS

- Into the Breach is *“perfectly suited to the mission of the Knights of Columbus” as seen by Father McGivney*
- It is a guide for men *“who are willing to engage the spiritual warfare **necessary** to be a good husband and father and a good disciple spreads the gospel by word and example.”*

*Supreme Chaplain Archbishop William E. Lori of Baltimore
Columbia Magazine, August 2016*

INTO THE BREACH

- A Call to Battle/Purpose of the Exhortation
- Three Contexts
 - Context #1: A New Apostolic Moment – The “New Evangelization”
 - Context #2: A Field Hospital and a Battle College
 - Context #3: Man and Woman are Complimentary, not Competitors
- Three Questions
 - Question #1: What does it mean to be a Catholic Man?
 - Question #2: How does a Catholic Man Love?
 - Question #3: Why is fatherhood, fully understood, so crucial for every man?
- Conclusion



“MEN, DO NOT HESITATE TO ENGAGE IN THE BATTLE THAT IS RAGING AROUND YOU”

“The battle that is wounding our children and families, the battle that is distorting the dignity of both women and men. This battle is often hidden, but the battle is real. It is primarily spiritual, but it is progressively killing the remaining Christian ethos in our society and culture, and even in our own homes.”

- Bishop Thomas Olmsted

FAITH AND HOPE

- **Faith** is a gift from God, that we then respond to (CCC 183)
- **Hope** is our desire for the kingdom of heaven and eternal life as our happiness, placing our trust in Christ's promises and relying not on our own strength, but on the help of the grace of the Holy Spirit (CCC 1817)

WE CAN KNOW JESUS

“Christian faith is not only a matter of believing that certain things are true, but above all a personal relationship with Jesus Christ.”

“Only in this personal relationship with Christ, only in this encounter with the Risen One, do we truly become Christians.”

- Pope Benedict XVI

PURPOSE OF THE APOSTOLIC EXHORTATION

- To provide encouragement
- To present a challenge
- To call forth men to Mission

>>If men step up in confidence and boldness, they CAN make a difference!<<

A CALL TO BATTLE

Confident!

adjective con-fi-dent \ 'kän-fə-dənt, - ,dent\
full of conviction, certain, trustful



Bold!

adjective \ 'böld\
fearless before danger, assured, standing out prominently

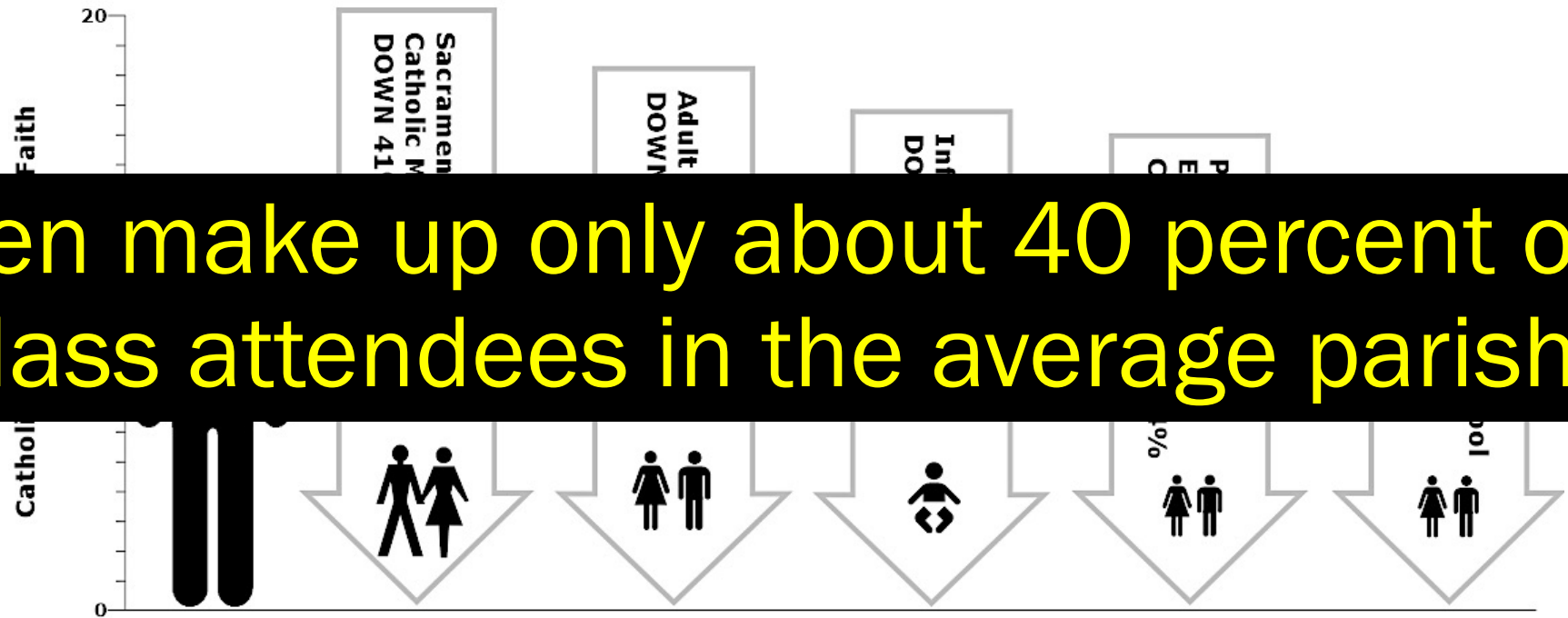


How does a man become so confident and bold that it propels him to go *Forward!* Into the Breach? What are some beliefs and actions that would demonstrate such a confidence and boldness?



WHAT IS THE PROBLEM? STATISTICS FOR THE CHURCH

Men make up only about 40 percent of Mass attendees in the average parish

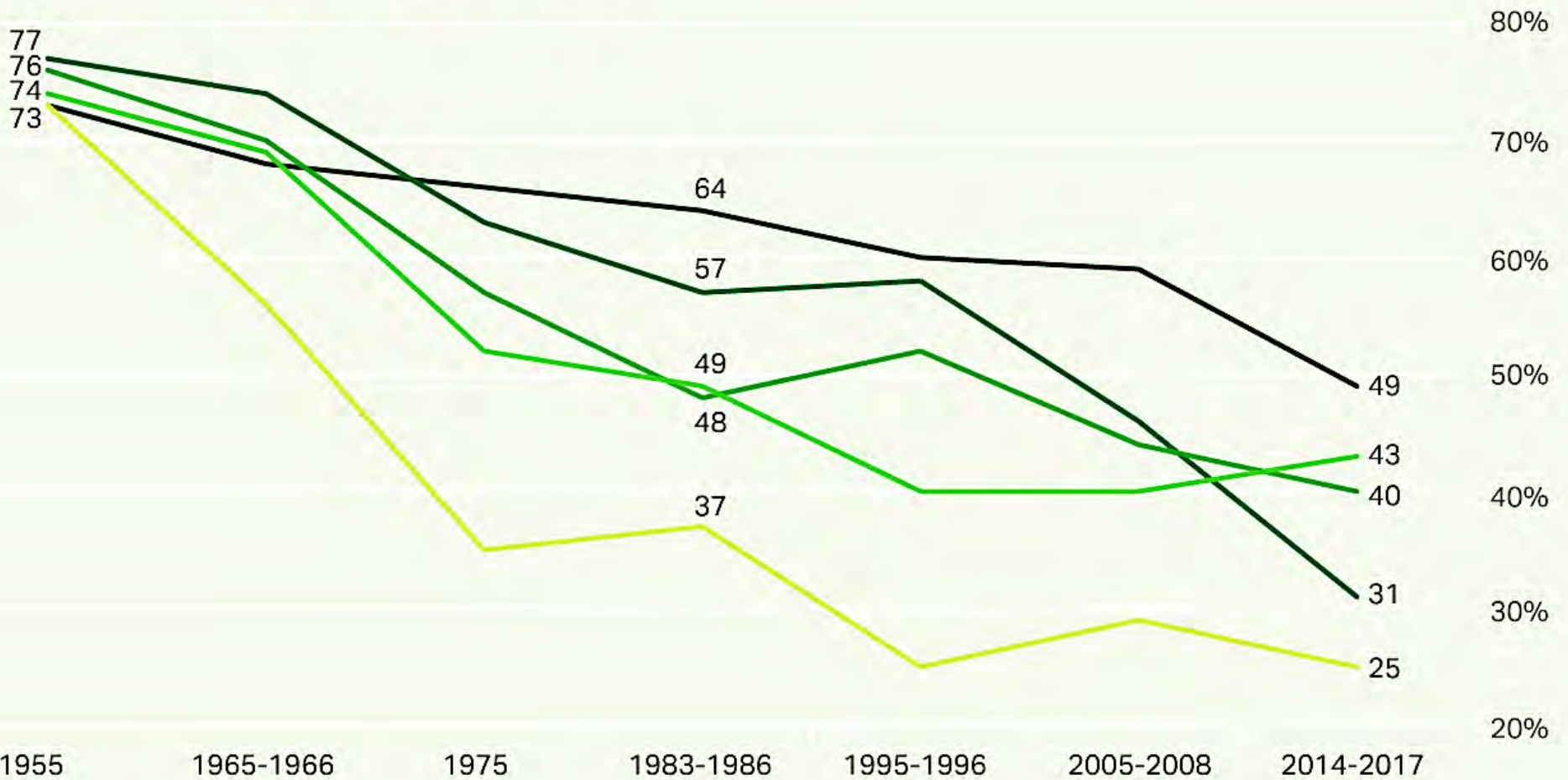


2000 statistics quoted from 'Into The Breach'

Church Attendance Among Catholics, by Age

% Attended church in past seven days

21-29 30-39 40-49 50-59 60+



GALLUP

Self-Reported Frequency of Church Attendance, by Age

	21-29	30-39	40-49	50-59	60+
	%	%	%	%	%
Catholics					
Once a week	12	34	24	20	39
Almost every week	7	13	13	13	10
Once a month	25	16	20	19	18
Seldom	44	30	33	34	23
Never	11	8	8	14	8

Note: Based on combined 2014-2017 data; Protestants defined as Protestants + Christians (nonspecific)

GALLUP

PURPOSE OF THE APOSTOLIC EXHORTATION

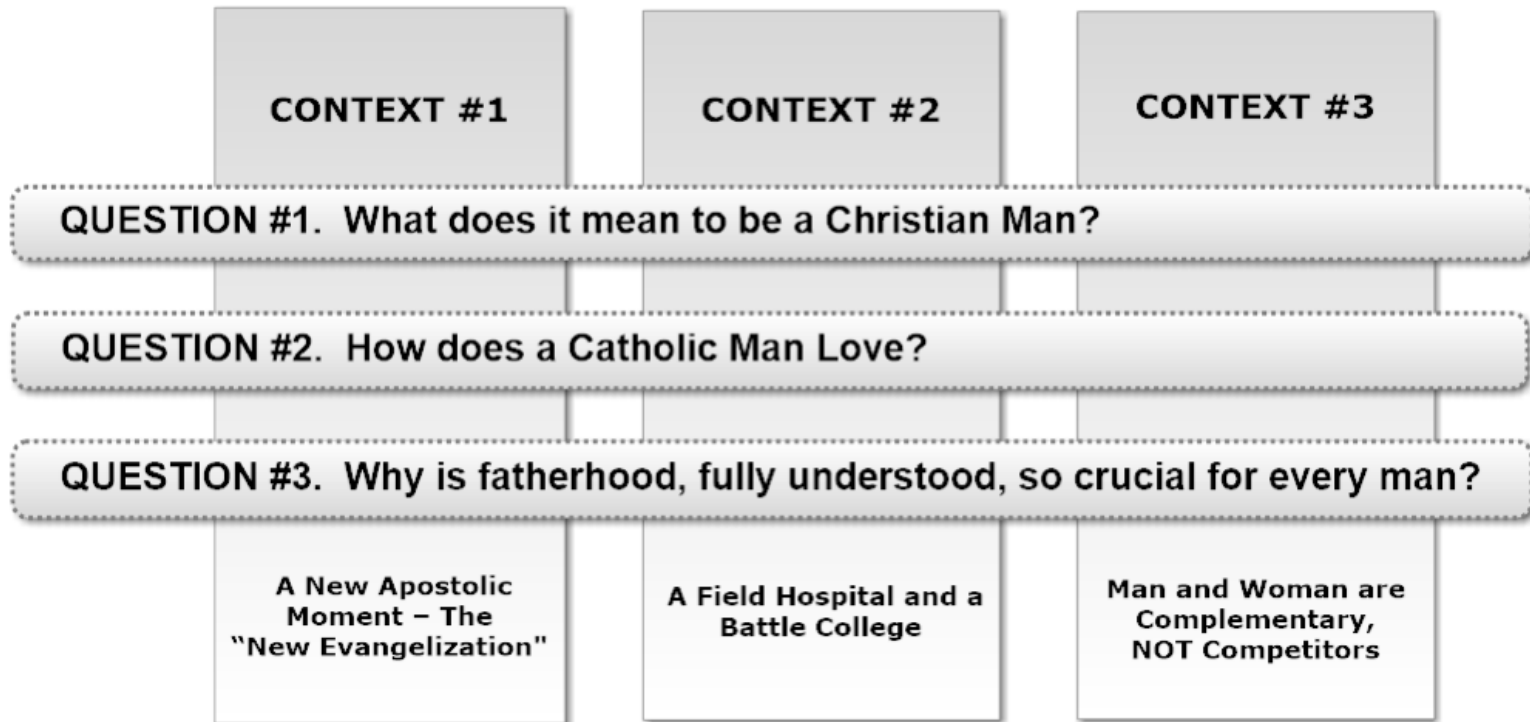
- The world is under attack by Satan, as our Lord said it would be
- The material world is not the only the reality in which we exist, the spiritual world is here, now, and just as real
- It is only when we acknowledge the reality of the spiritual world that it is possible to discern properly the reasons behind our actions*

*Spiritual Warfare for Catholics, Jeffrey Steffon

PURPOSE OF THE APOSTOLIC EXHORTATION

- The Church is faltering under the attacks of Satan, one reason is:
 - Many Catholic men have not been willing to “*step into the breach,*” to fill the gap
 - That gap makes us all vulnerable to further attack
- WHY? Because men acquiesce
 - They may not agree with what they see is going on, but yet they do nothing
 - Men who do nothing are buying into the deception

Three Questions in Three Contexts



Each question needs to be understood in the contexts of:
1) our present societal environment, 2) the life-long purpose of the Church, and 3) the truth and meaning of human sexuality.

CONTEXT #1: A NEW APOSTOLIC MOMENT– THE “NEW EVANGELIZATION”

- “*Evangelization*”: sharing the Gospel of Jesus Christ by all means available, preaching, teaching, witnessing, living a fruitful & faithful family life, living celibacy for the sake of God’s Kingdom, employing media and other arts for the service of the Gospel
- *What is “New”*: competing cultures, particularly in cities and neighborhoods where the Gospel once permeated quite deeply

CONTEXT 1 - THE NEW EVANGELIZATION A WITNESS TO THE GOSPEL IN YOUR LIFE

- “There is no solution to our cultural decline apart from the Gospel of Jesus.”
- “*Behold, I make all things new*” (Rev 21:5) – all things old and tired, sinful and broken, are renewed in his Incarnation, death, and Resurrection
- “A true Catholic man stakes his whole life on this proposition – *that all is made new in Jesus Christ.*”
- “Our Lord has promised that He is and will always be with us. Thus, Catholic men across the centuries have responded to the call to enter the battle.”

CONTEXT 2 - A FIELD HOSPITAL AND A BATTLE COLLEGE

- The Church is a constant source of mercy, to endure and to overcome wounds
 - Forgiveness and repentance
 - Confession
 - Mass
- It is Christ's mercy and truth...given to us to become strong and courageous
 - Spiritual fellowship with other Catholic men

So that we may know and be formed by Christ, for the **purpose of being sent**

CONTEXT 2 - A FIELD HOSPITAL AND A BATTLE COLLEGE

- The Church is, and has always been, a school that prepares us for spiritual battle
 - *“fight the good fight of faith” - 1 Timothy 6*
 - *“put on the armor of God ... to be able to stand firm against the tactics of the devil” - Ephesians 6:11, pp 35-36*
- All our lives requires consistent, active learning by all Catholics

SPIRITUAL BATTLE – THE FALL OF THE ANGELS

- Now war arose in heaven, Michael and his angels fighting against the dragon. And the dragon and his angels fought back, but he was defeated, and there was no longer any place for them in heaven. And the great dragon was thrown down, that ancient serpent, who is called the devil and Satan, the deceiver of the whole world—he was thrown down to the earth, and his angels were thrown down with him.
- And I heard a loud voice in heaven, saying, “Now the salvation and the power and the kingdom of our God and the authority of his Christ have come, for the accuser of our brothers has been thrown down, who accuses them day and night before our God.
- Then the dragon became furious with the woman and went off to make war on the rest of her offspring, on those who keep the commandments of God and hold to the testimony of Jesus.

Cf. Revelation 12, Prologue p. iii

SPIRITUAL BATTLE – THE FALL OF MANKIND

- Divine Revelation clarifies the reality of sin committed at the Fall
- Without the knowledge Revelation gives us about God, we cannot recognize sin clearly
 - And therefore tempted to explain it as merely a developmental flaw, a psychological weakness, a mistake, or the necessary consequence of an inadequate social structure, etc.
- Sin is an abuse of the freedom that God gives to created persons so that they are capable of loving him and loving one another

**Catechism of the Catholic Church 387*

GENESIS 2:16-17

And the Lord God commanded the man, saying, “You may surely eat of every tree of the garden, but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall surely die.” (ESV)



GENESIS 3:1-5

Now the serpent was more crafty than any other beast of the field that the Lord God had made. He said to the woman, “Did God actually say, ‘You shall not eat of any tree in the garden’?” And the woman said to the serpent, “We may eat of the fruit of the trees in the garden, but God said, ‘You shall not eat of the fruit of the tree that is in the midst of the garden, neither shall you touch it, lest you die.’” But the serpent said to the woman, “You will not surely die. For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” (ESV)

THE THREE LIES OF SATAN

– GENESIS 3:1-5

- **The First Lie: Falsify Reality.** Distorting the truth that God reveals to us and that the Church presents to us is a primary tactic of Satan.
- **The Second Lie: God is not telling you the truth.** Satan presents God's command as a limit to our freedom.
- **The Third Lie: In reality, truth is how you define it.** Adam and Eve were NOT free to define for themselves what is good and what is evil. By doing so they put themselves in the place of God. Only God can define what is good and evil. If each person gets to decide for himself what good and evil is, there is no objective truth. This is the “dictatorship of relativism” (Pope Benedict).

A CALL TO BATTLE – SIN, SATAN, AND THE WORLD

- “...**COMBAT** yet remains with the **FLESH** (our sin), with the **WORLD**, with the **DEVIL**, wherein we cannot be victorious, unless we have God's grace...” - *Council of Trent (1545-1563)*
- Original Sin – “Adam sought to be like God in the knowledge of good and evil, so that he might be his own director and attain to perfect happiness by his own enlightenment and unaided effort.” - *Apologetics and Catholic Doctrine, Archbishop Michael Sheehan*
- “Without the preternatural* privilege of perfect control of appetite, there remains in human nature the effects of Adam's sin, the chief of which are weakness of will and unrestrained desires of soul.” - *Encyclical of Pius XI on Christian Education*

*Preternatural gifts: infused knowledge, absence of concupiscence, and bodily immortality, Adam and Eve possessed these gifts before the Fall

HOW TO FIGHT – LIVING A LIFE OF SANCTIFYING GRACE

- Frequent reception of the Sacraments
 - Mass - As many times a week as possible
 - Confession - Minimum 1x month
- Prayer
 - Daily a must (and as much as you can: morning, noon, evening, night)
 - Holy Hour of adoration – as many days as possible
 - The Holy Rosary – a true spiritual weapon!
 - Examination of conscience at the end of the day
- Reading/Study/Learning
 - Sacred Scripture, spiritual books, catechesis materials
- Fellowship – You cannot live a life of Christ on your own, you are a member of the Body of Christ



**GENTLEMEN,
THIS...**

...IS STRENGTH

THE POWER OF THE ROSARY

- “It has been a very hard time. Many are devastated, in pain, traumatized, very helpless; yes, some have even experienced moments of doubt,” he explained. “They ask, ‘Where is God? Is he alive? Why is he not intervening?’”
- Then Bishop Doeme recounted what happened one evening toward the end of October 2014. “I was in my chapel having private prayer, saying the Rosary before the Blessed Sacrament exposed. Then the Lord appeared to me, standing to the right of the altar. It was a vision, not physical.
- “He appeared as Jesus the Good Shepherd, and he was holding a sword with both hands. At this, I became jittery. I said, ‘Lord, what is it?’ He didn’t say anything; he just began to approach me, then reached down and gave me the sword, which turned into a Rosary.
- “Then the Lord said in English, ‘Boko Haram is gone; Boko Haram is gone; Boko Haram is gone.’ He said it three times, and then disappeared.

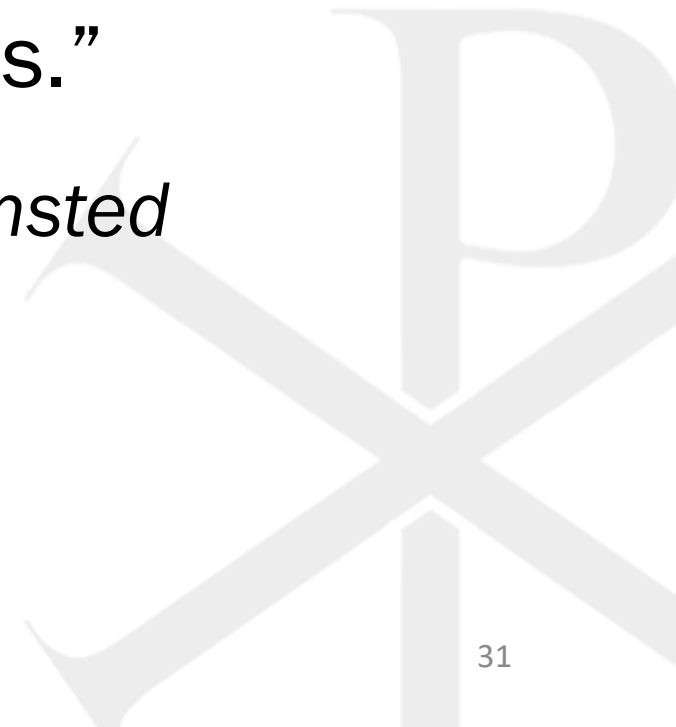
CONTEXT 3 - MAN AND WOMAN ARE COMPLEMENTARY, NOT COMPETITORS

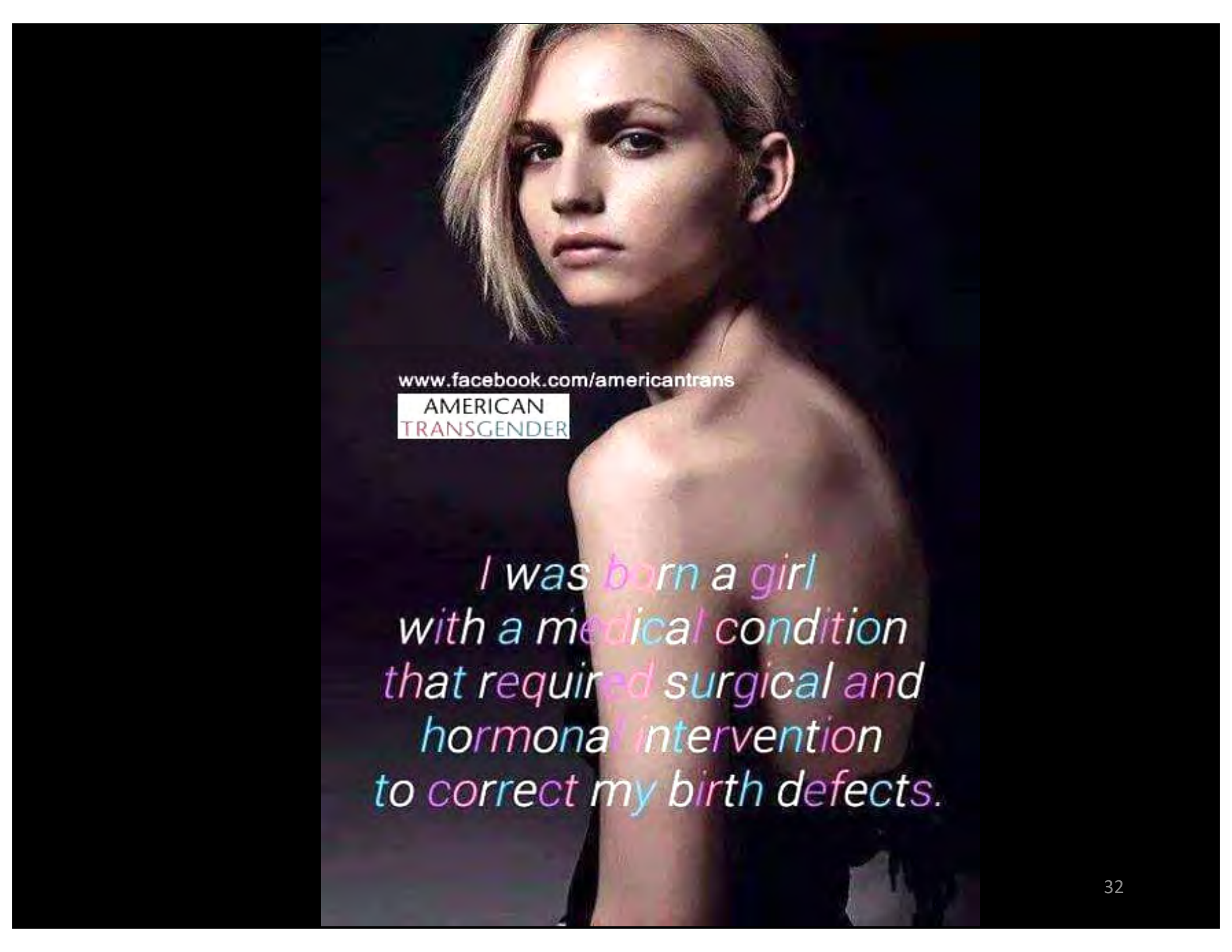
- “The complementarity of masculinity and femininity is key to understanding how human persons image God. Without knowing and appreciating this, we cannot know ourselves or our mission as men, nor can women embrace their own vocations, confident in the Father’s love.”
- “This may seem obvious, but in our world, there are many distorted images and much evidence of confusion regarding what is true masculinity.”
- “We can say that for the first time in history, people have become either so confused or so arrogant as to attempt to dictate their masculinity or femininity according to their own definitions.”

THE DAMAGING IMPACT OF “GENDER IDEOLOGY”

“I exhort you, my sons and brothers in Jesus Christ, to embrace more deeply the beauty and richness of the sexual difference and to defend it against false ideologies.”

- Bishop Olmsted





www.facebook.com/americantrans

AMERICAN
TRANSGENDER

*I was born a girl
with a medical condition
that required surgical and
hormonal intervention
to correct my birth defects.*

THE DAMAGING IMPACT OF “GENDER IDEOLOGY”

“I ask myself, if the so-called gender theory is not... an expression of frustration and resignation, which seeks to cancel out sexual difference because it no longer knows how to confront it. Yes, we risk taking a step backwards. The removal of difference in fact creates a problem, not a solution.”

– *Pope Francis*

CONTEXT 3 - MAN AND WOMAN ARE COMPLEMENTARY, NOT COMPETITORS

- The complementarity of masculinity and femininity is key to understanding how human persons image God
 - Without knowing and appreciating this, we cannot know ourselves or our mission as men, nor can women embrace their own vocations, confident in the Father's love
- This difference is also a challenge, since misunderstanding can creep in and sin can cause us to lose respect for one another
 - This robs us of our hope for peaceful and fruitful collaboration between men and women (see *The Deceiver*, p. 172)

CONTEXT 3 - MAN AND WOMAN ARE COMPLEMENTARY, NOT COMPETITORS

- This struggle between the sexes is not the fault of God's creation; it is the result of sin
- "Herein lies the fullness of masculinity; each Catholic man must be prepared to give himself completely, to charge into the breach, to engage in spiritual combat, to defend women, children, and others against the wickedness and snares of the devil!"
- "Yet we do not merely look to Jesus. We truly encounter Christ at Mass when we receive the very gift of Himself in the Eucharist."

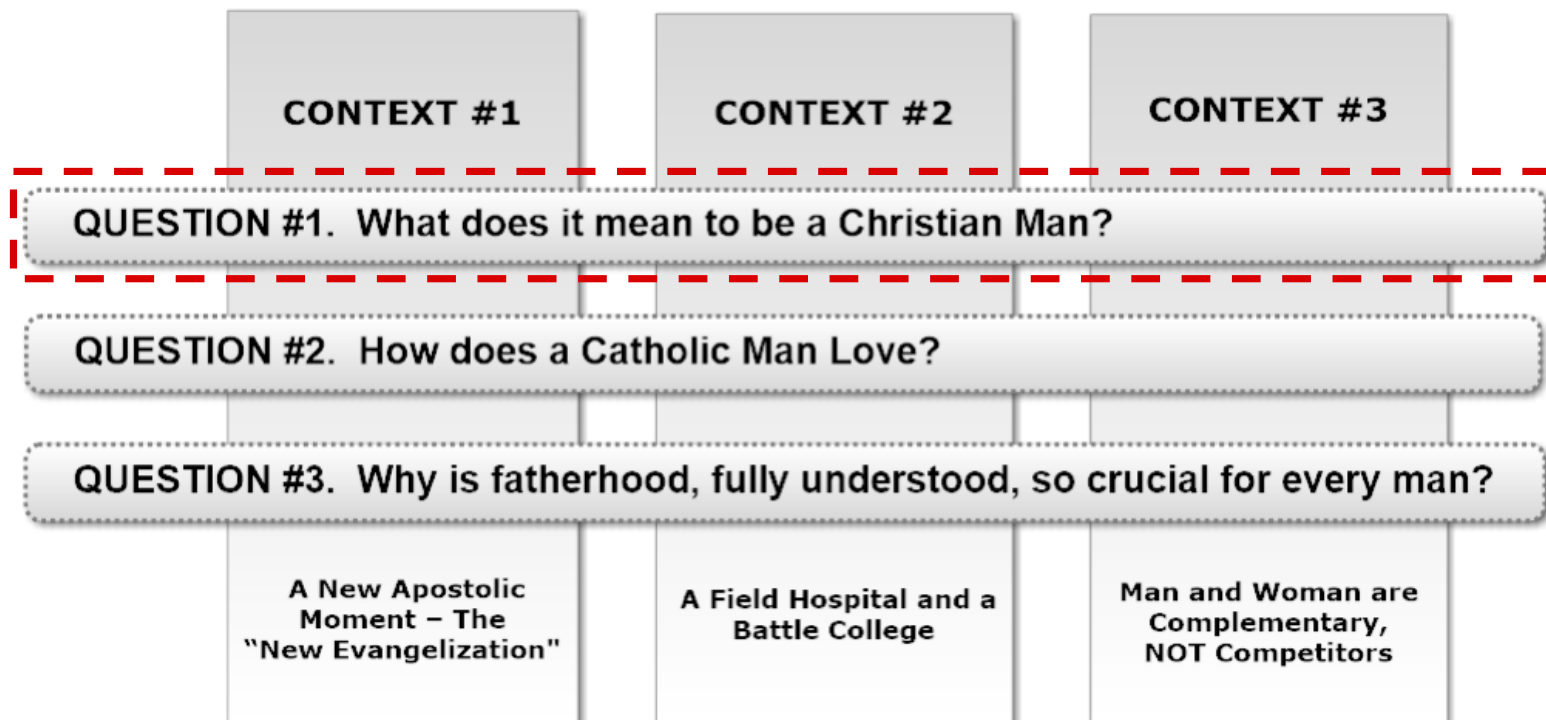
SMALL GROUP QUESTIONS 1

Q16 (page 14): What does this phrase mean to you?

“A true Catholic man stakes his whole life on this proposition - that all is made new in Jesus Christ.”

Q17 (page 18): Bishop Olmsted using the words of Pope Francis, describes the Church today as “a field hospital after battle,” and specifically, that it offers “a constant source of mercy in order to endure and overcome wounds that we all bear.” It is also “the powerful source of Truth to heal men and prepare them to battle another day for Christ.” **How do you think this can occur?**

Three Questions in Three Contexts



Each question needs to be understood in the contexts of:

- 1) our present societal environment,
- 2) the life-long purpose of the Church, and
- 3) the truth and meaning of human sexuality

Q1) WHAT DOES IT MEAN TO BE A CATHOLIC MAN?

- “The Father sent his Son to reveal what it means to be a man, and the fullness of this revelation becomes evident on the Cross.”
 - Jesus Christ is our role model
 - “He tells us that it was for this reason that He came into the world, that it is his earnest desire to give himself totally to us.”
- When we speak about sin, we are speaking of all that takes us away from our identity as beloved sons of the Father

Q1) THE CATHOLIC MAN'S IDENTITY

- Our identity is in the identity of the eternal Son of God that is given to us at our baptism
- When we speak of “conversion” we are speaking about an acceptance of and growth into this identity
- The process of Christian conversion includes coming to know God's love and experiencing brotherhood with Christ who deepens our identity as sons of the Father in the Holy Spirit

Q1) THE PRACTICES OF A COMMITTED CATHOLIC MAN

DAILY

1. Pray every day
2. Examine your conscience before going to sleep
3. Go to Mass
4. Read the Bible

- Live an Ascetic Life
- Have a Devotion to a Particular Male Saint
- Pray the Rosary

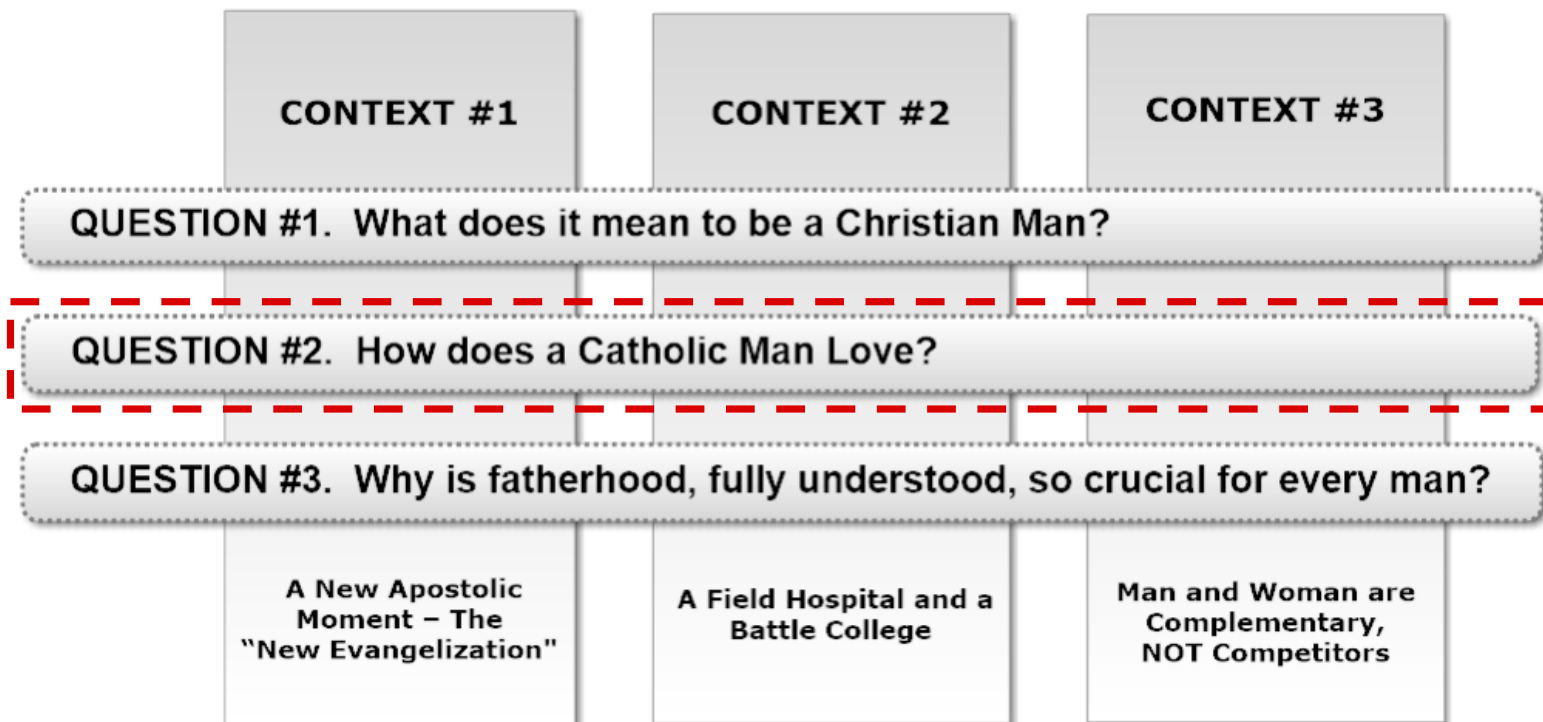
WEEKLY

5. Keep the Sabbath

MONTHLY

6. Go to Confession
7. Build fraternity with other Catholic men

Three Questions in Three Contexts



Each question needs to be understood in the contexts of:

- 1) our present societal environment,
- 2) the life-long purpose of the Church, and
- 3) the truth and meaning of human sexuality

Q2) HOW DOES A CATHOLIC MAN LOVE?

- Christ's mission is love
 - “Love one another as I have loved you.” (John 15:12)
 - All of our Lord's teachings boil down to this command
- We can only love as we are created, as men
- Jesus Christ is our male role model



Q2) HOW DOES A CATHOLIC MAN LOVE?

- True love of Christ
 - Willing the good of the other
 - Pouring oneself out in charity for others
- In Christ, we see that sacrifice is at the heart of love
 - Only the man who has fought the interior battle of self-mastery can lay down his life for others (avoiding: sterility, stagnancy, self-absorption, and self-aggrandizement)
- Never doubt that this sacrifice is worth the suffering!
- Our Lord encourages men in saying:
 - “Greater love has no man than this, that a man lay down his life for his friends” (John 15:13)

Q2) MAN AS HUSBAND – THE PURPOSE OF MASCULINE EROTIC LOVE

- When the great St. John Paul II spoke of a “spousal meaning of the body,” he implied that we men are all called in some way to spousal love
- That is, a committed love, a love that gives life, seeking the good of those to whom the man has committed, a self-sacrificial love
- When a man is called to spousal love in marriage and family life, the priesthood, or some consecration to the Lord, he is called to a great and meaningful life

Q2) MAN AS HUSBAND – THE PURPOSE OF MASCULINE EROTIC LOVE

- Chastity: Self-mastery in virtue and strength
 - A rejection of slavery to our passions
 - A true understanding of the capacity and responsibility of love and communion between a man and a woman

Q2) MAN AS HUSBAND – THE PURPOSE OF MASCULINE EROTIC LOVE

- Conjugal Love and the Communion of Persons
- The Nuptial Meaning of the Body
 - The body has a “nuptial meaning” because it reveals man and woman's call to become a gift for one another, a gift fully realized in their “one flesh” union
 - The body also has a “generative meaning” that (God willing) brings a “third” into the world through their communion

THE EPIDEMIC & DESTRUCTION OF PORNOGRAPHY

- Sexual desire is good!
 - Love wants to GIVE of oneself
 - But lust wants to TAKE from another



THE EPIDEMIC & DESTRUCTION OF PORNOGRAPHY

- "In the confessional and in our daily ministry, we have seen the corrosive damage caused by pornography: children whose innocence is stolen; men and women who feel great guilt and shame for viewing pornography occasionally or habitually; spouses who feel betrayed and traumatized; and men, women and children exploited by the pornography industry."

– *U.S. Conference of Catholic Bishops*
November, 2015

UNDERSTANDING PORNOGRAPHY - TRIGGERS & OUR EMOTIONAL STATE*

- Triggers – “that thing that leads me to think about...”
- What are the triggers that set you down a path?
- Falling to triggers are very common when you are in an emotional state
 - What is the emotional state that you are in that sets off a trigger?
- “BLAST” – Bored, Lonely, Angry, Stressed, Tired

**STRIVE: 21 Day Detox from Porn, Cardinal Studios LLC*

The Power of Spiritual Fellowship in the Body of Christ

6:38 AM



Minor setback. Please pray for me today. (Mark O.)



I will lift you up and the rest of our group during mass today at noon.



Praying for you now, my brother.



Will pray for you today Mark try to get to adoration if you can



Many thanks, guys. (MO)

May Our Lord richly bless you today knowing you are loved and blessed by Him.

We are men who know mercy and have forgiveness as real experience.



Praying for you today.



Amen. Many thanks. 🙏

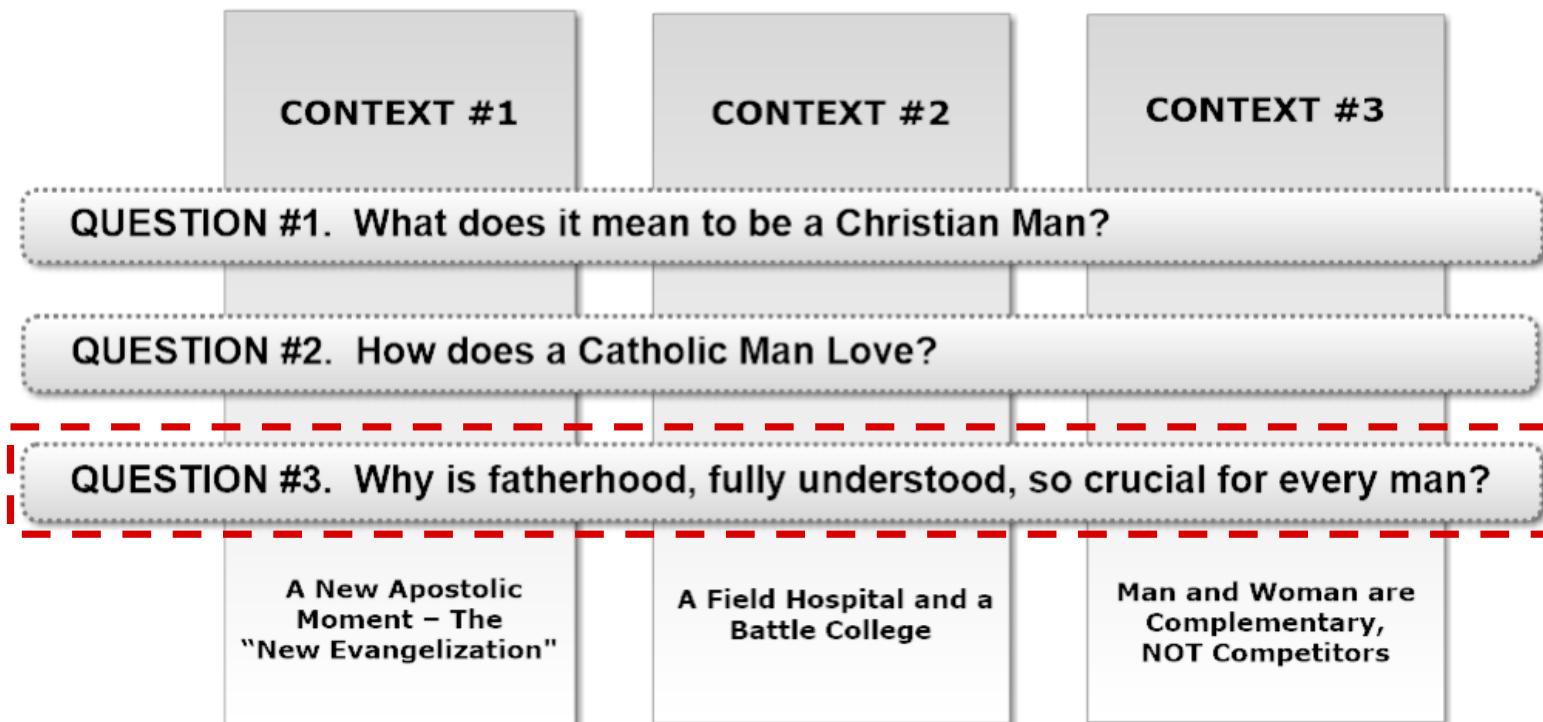
6:49 PM



Mark, I pray that you're past the set back. You are strong enough not to allow this to take you off the positive track you've been on. You are an example of what I and others, want to be. Appreciate you sharing.

3 min

Three Questions in Three Contexts



Each question needs to be understood in the contexts of:

- 1) our present societal environment,
- 2) the life-long purpose of the Church, and
- 3) the truth and meaning of human sexuality

Q3) WHY IS FATHERHOOD ESSENTIAL?

- Fatherhood changes history
- In revealing and in reliving on earth the very fatherhood of God (cf. Eph 3:15), man is called upon to ensure the harmonious and united development of all the members of the family:
 - by exercising generous responsibility for the life conceived under the heart of the mother
 - by a more solicitous commitment to education, a task he shares with his wife
 - by work which is never a cause of division in the family but promotes its unity and stability
 - by means of the witness he gives of an adult Christian life which effectively introduces the children into the living experience of Christ and the Church

FATHERHOOD IS ESSENTIAL – THUS THE ATTACK ON FATHERHOOD IN SOCIETY

- “This is truly the key for interpreting reality ... **original sin attempts to abolish fatherhood.**” *Pope St. John Paul II*
- Through Adam and Eve’s original act of disobedience, we find a **primordial rebellion against God’s fatherhood.** It is a desire to remove fatherhood itself
- This is our **enemy’s** underlying **plan**: to **remove** our **reliance on God**, the benevolent Father
- To do this, ***Satan’s primary strategy is to damage and abolish human fatherhood***, in the man and relationship where each of us first glimpses what God’s fatherhood might be like

SMALL GROUP QUESTIONS 2

Q 23 (page 25): “Every man must come to a mature acceptance and understanding of what it means to be a man.” *Men cannot ride out their lives and take what comes. We need to become who we are! To find out what that implies, we just have to look to Jesus. He is our model of masculinity in the true being of the Father, and Jesus lived that role every day of his life.* “Herein lies the fullness of masculinity; each Catholic man must be prepared to give himself completely, to charge into the breach, to engage in spiritual combat, to defend women, children, and others against the wickedness and snares of the devil!” **What is your reaction to such a bold statement? How can it possibly be achieved?**

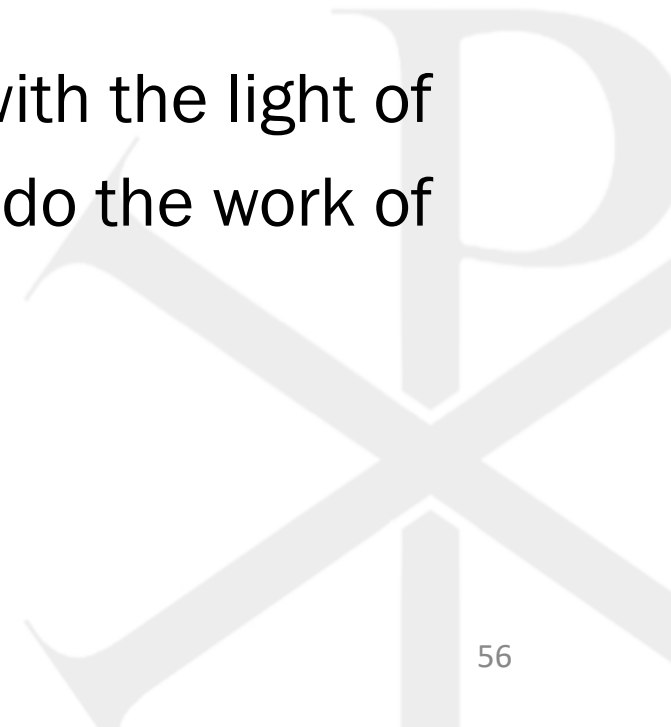
Q 34 (page 49): Self-sacrificial love is definitely not what we hear too often from the media, from society in general, and perhaps not even from our family and friends. Yet, it is the truth. **What are some practical steps you can take to move forward into your mission of self-sacrificial love?**

IN SUM - WHAT IS BISHOP OLMSTED ENCOURAGING MEN TO DO?

- Recognize that this is a time of evil's growing boldness
- Never believe that holiness and courage are things of the past!
- We are called to a holiness that shows Christ to the world, as has been done countless times throughout history
- Each man must prepare himself for nothing less than martyrdom, whatever form this may take, and to instill in his children and grandchildren the willingness to do the same

IN SUM - WHAT IS BISHOP OLMSTED ENCOURAGING MEN TO DO?

- See that, only in Jesus Christ is the highest display of masculine virtue and strength, and this is what we need to live out our personal lives, and to live in society itself
- Let our mind's and heart's be formed with the light of the Gospel to *step into the breach* – to do the work of Christ's soldiers in the world today



IN SUM – HOW IS THIS ACCOMPLISHED?

- Embrace Jesus Christ as the only true identity of a Catholic man
- Fight the good fight against sin, Satan, and the world.
- Follow the life of a patron saint of your choice
- Engage in ascetic practices to train your will
 - Not “if you fast, but “when you fast” (Matthew 6:16)
- Understand the truth and meaning of human sexuality and live a chaste life according to your vocation
- Live the “Practices of a Committed Catholic Man”

THREE WORDS

- Surrender
 - to give up completely in favor of another, to give oneself up into the power of another
- Sacrifice
 - an act of offering something precious
- Suffer
 - to submit to, or to put up with, especially as inevitable or unavoidable









YOU ARE CALLED TO BE AN APOSTLE! ~ONE WHO IS SENT OUT IN THE NAME OF JESUS~

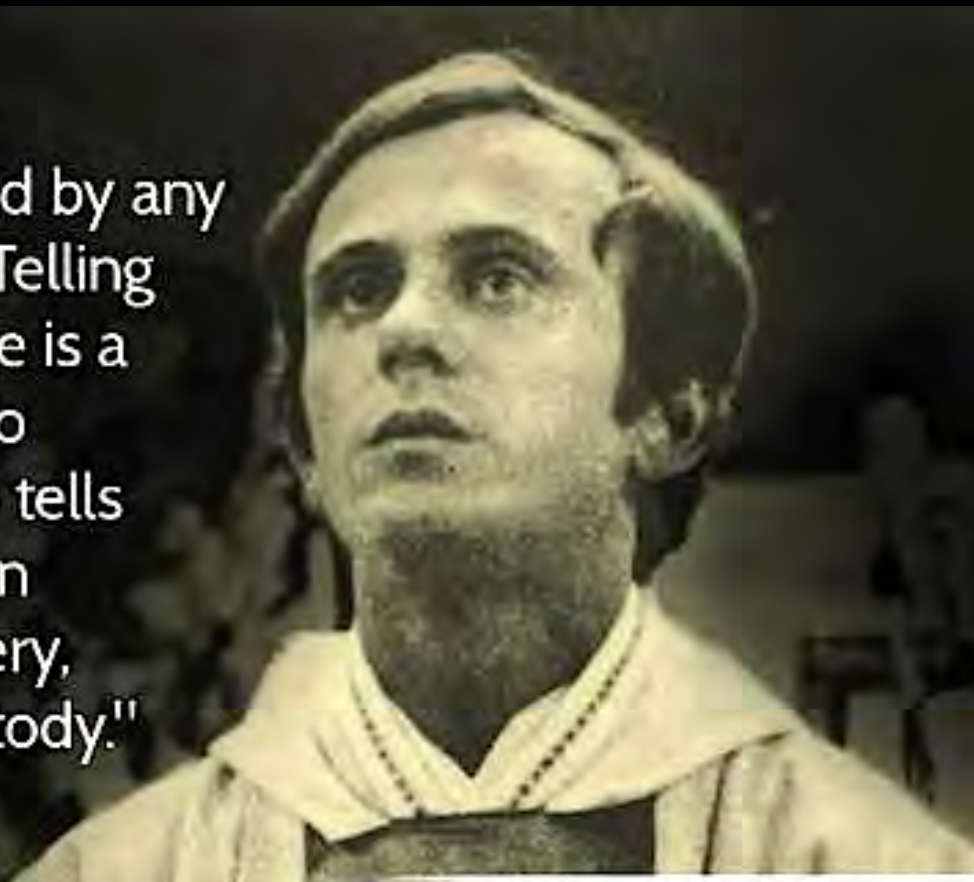
- “Jesus has always and continues now to choose and form men through his Church and to send them out to the wounded.”
- “With this letter, then, I urge you to heed Jesus’ call and to let him form your mind and heart with the light of the Gospel for the purpose of being sent.”

YOU ARE CALLED TO BE AN APOSTLE! ~ONE WHO IS SENT OUT IN THE NAME OF JESUS~

- We are not orphans, we are SONS, who have been CALLED by name, to be SENT.
- Never forget: Those who suffer for proclaiming the faith, and for living it boldly, are of highest honor in the Kingdom of God
- “And they have conquered [Satan] by the blood of the Lamb and by the word of their testimony, for they loved not their lives even unto death.”
Rev 12:11

"Truth never changes.
It cannot be destroyed by any
decision or legal act. Telling
the Truth with courage is a
way leading directly to
freedom. A man who tells
the Truth is a free man
despite external slavery,
imprisonment or custody."

- Blessed Jerzy Popieluszko



I encourage all to ask for Blessed Jerzy Popieluszko's
intercession to have the Strength to Defend the Truth



“Messenger of the Truth” is available on DVD

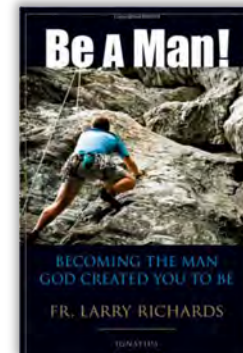
Blessed Jerzy Popieluszko Pray For Us

ADDITIONAL RESOURCES - BOOKS

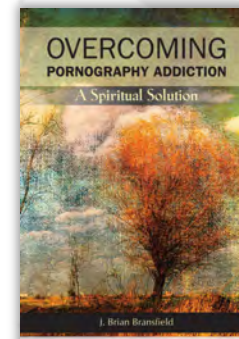
The Deceiver: Our Daily Struggle with Satan, Fr. Livio Fanzaga, Roman Catholic Books, booksforcatholics.com



Be A Man: Become the Man God Created You to Be, Fr. Larry Richards, Ignatius Press



Overcoming Pornography Addiction - A Spiritual Solution, Msgn. J. Brian Bransfield, Paulist Press



ADDITIONAL CATHOLIC RESOURCES

STRIVE: 21 Day Detox from Porn,
Video Series,
CardinalStudios.org/Strive



The Porn Effect: Five Step Battle
Plan to Removing Pornography
from Your Life, ThePornEffect.com



RECLAIM: God's Plan for Sexual
Health, ReclaimSexualHealth.com





THANK YOU AND
MAY GOD BLESS YOU

~ Questions ~